



NEW HAMPSHIRE AREA ASSEMBLY presents

THE PIPELINE

NEWSLETTER

JANUARY 2026

NEW YEAR'S EDITION

NEWS & ANNOUNCEMENTS

"SAVE THE DATE" – NHAA CONVENTION,
ONLINE FORUM FOR DEAF AA MEMBERS,
SAFETY IN AA, NERASSA, NECYPAA, ETC.

EVENTS

ALCATHONS, SNOW TUBING,
ANNIVERSARY, OUT-OF-STATE
ALCATHONS.

THE TOOLBOX

1ST STEP, TRADITION, CONCEPT AND
MORNING/NIGHT ROUTINES.

MIRACLES IN MOTION

PANEL 74 DELEGATE'S LAST
REFLECTION.

AA HISTORY THIS MONTH!

BILL & LOIS MARRIED, DR. BOB & ANNE
MARRIED, BILL W. PASSED AWAY, ETC.

LAST CALL

FINAL THOUGHTS, REFLECTIONS,
OR CLOSING MESSAGES TO WRAP
UP THIS EDITION.

NEWS & ANNOUNCEMENTS

SAVE THE DATE

59TH ANNUAL NHAA CONVENTION

April 17-19, 2026

Nashua, NH

WANT THE CHANCE TO WIN
A CONVENTION FOR 2?

SCAN THE CODE BELOW FOR THE CHANCE TO WIN!

Prize includes 1 hotel room for 2 nights, 2 registrations, and dinners for 2 – over a \$600 value.

DRAWING WILL TAKE PLACE
AT THE AREA 43 ONLINE FUNCTIONS MEETING ON
JANUARY 7th 2026



1 FOR \$5
5 FOR \$20

SCAN HERE



59th NHAA CONVENTION
is happening in April!
Don't forget to
book your room!

**SPECIAL FORUM for
Deaf AA Members!**
Online registration
available here:
<https://web.cvent.com/.../75b675fe-7dee-4e5e-876c.../summary>

Special Forum Online for
Deaf Alcoholics Anonymous
Members

SAVE THE DATE!

What: Special Forum for Deaf Alcoholics

When: January 17, 2026

Where: Online

A Language and Cultural Special Forum for
Deaf A.A. Members who use American Sign
Language (ASL), Langue des Signes Québécoise
(LSQ) and Lengua de Señas Mexicana (LSM).

Please help us get this information out to Deaf
alcoholics using the following YouTube digital flyer:

<https://youtu.be/HZjrfG1fzjM?si=BCbjsJO-7n6y-s63>



Safety in AA

Preview 3 Videos that will be discussed
at the General Service Conference 2026

Narrated by District 22, Area 93



Sunday January 18, 2026

1:00pm-2:30pm

Zoom ID: 817 4548 0414 Passcode: 866977

Hosted By Area 43, New Hampshire



INFORMATION
TO ATTEND
VIRTUALLY

ZOOM LINK

<https://zoom.us/j/81745480414?pwd=ODY2OTc3>

ZOOM ID

817 4548 0414

PASSCODE

866977

NEWS & ANNOUNCEMENTS

UPCOMING SERVICE ASSEMBLY & YPAA CONFERENCE

A white duck with a yellow beak and feet is looking towards the right. Below it is a red-bordered box containing text.

COME
JOIN
THE
FLOCK

JANUARY 9-11, 2026

DOUBLETREE BY HILTON MANCHESTER DOWNTOWN
MAIN SPEAKER MEETINGS - WORKSHOPS -
BID SKITS - HOSPITALITY ROOM -
MARATHON MEETINGS FROM FRIDAY TO SUNDAY -
SOBRIETY COUNTDOWN - SERVICE COUNTDOWN
DANCING - GAMES - INFORMAL FELLOWSHIP

A white duck is on the left, and a yellow speech bubble on the right says "Book your room!". Below it is a QR code. On the right, there are two small white ducks. The text "NECYPAA XXXV" is written in large red and yellow letters. Below it is the date "January 9th - 11th 2026" and the location "DoubleTree by Hilton Manchester, NH".

Book your room!

No need to pay until you check in!

NECYPAA XXXV

January 9th - 11th 2026

DoubleTree by Hilton Manchester, NH

Register now!

\$35 if you register today!

QR code

NEWS & ANNOUNCEMENTS

A Word From Your Delegate...

“Humility in Action”

As we come into a new rotation, I want to first wish everyone a very Happy New Year. I also want to thank those who have just completed their rotation as a Trusted Servant and welcome those newly elected and appointed Trusted Servants willing to stand for our Groups, Districts and Area. I look forward to this opportunity to serve with you all.

We begin this year with Panel 76, which corresponds to our 76th General service conference that will take place in April of 2026. The Conference theme is “Humility in Action.” Humility is commonly regarded as an internal virtue—characterized by modesty, receptiveness, and a willingness to learn. Within the framework of Alcoholics Anonymous, humility transcends the personal realm, emerging as a guiding principle in interactions and mutual support among members. This concept is distinctly reflected in AA’s Tradition One: “Our common welfare should come first; personal recovery depends upon AA unity.” This tradition is foundational, emphasizing that the wellbeing of the group must take precedence over individual interests, and that the pursuit of recovery is inherently linked to unity and service.

When reflecting on unity within our fellowship, I am reminded of a recent experience at the Northeast Regional Forum. At this event, communication was open and transparent across all levels of our organization. What stood out to me most was the careful attention given to questions and concerns, as well as the commitment to responding with openness and dedication to supporting the fellowship’s needs. This demonstrated the values of love and trust in service that we strive for within Alcoholics Anonymous. Effective communication strengthens our unity and enables us to fulfill our mission of assisting individuals seeking our program of recovery. I look forward to engaging with and learning from everyone in Area 43. Please feel free to communicate your thoughts and group consciences with me regularly.

With “Humility in Action” we allow our 3 Legacies to be the foundation on which we can build a stronger more accessible Area for all who wish to participate to have that opportunity.

Alex L.
Area 43 Panel 76 Delegate

NEWS & ANNOUNCEMENTS

Meeting Updates, Changes & Notices

DRY DOCK MEETING (PORTSMOUTH) – CHANGE IN TIME

Beginning January 4th, 2026, the Dry Dock meeting at the Portsmouth Senior Center will be 7pm-8pm.

ONE SIZE FITS ALL GROUP – NEEDS SUPPORT

United Methodist Church, 525 Lafayette Rd #1, Hampton, NH | 3:00pm, Monday

WOMAN'S WAY (NEWPORT) – NEEDS SUPPORT

Millie's Place, 45 John Stark Hwy, Newport, NH | 10:00am, Saturday

SATURDAY MORNING STEP MEETING (BRADFORD) – NEEDS SUPPORT

Bradford Community Church, 88 West Main St., Bradford, NH | 8:30-9:30am, Saturday

YETS GROUP (NEWPORT) – NEEDS SUPPORT

20 Church Street, South Congregation Church, Newport, NH | 6:30 pm, Thursday

If your group is experiencing any temporary/permanent changes, move, group anniversary, etc., and would like that info to be added to the upcoming Pipeline, please contact Brittanie C. at pipeline@nhaa.net.

the TOOLBOX

STEP 1

Using the Big Book, we can turn statements into questions to help identify our own alcoholism. After careful consideration, you may think, "Yes, I am one of them too; I must have this thing." p. 29

Questions to consider...

- Can I start drinking without developing the phenomenon of craving? (pg. xxx)
- Does the description of the allergy differentiate me and set me apart from other people? Am I like other people when it comes to alcohol? (pg. xxx)
- Is the only relief of the physical allergy entire abstinence? (pg. xxx)
- At some stage of my drinking career, do I begin to lose all control of my liquor consumption, once I start to drink? (pg. 21)
- When drinking, do I have little control over the amount I drank? (pg. 44)
- Have I lost the power of choice to drink? (pg. 24)
- Has my so called will power become weak and practically non-existent? (pg. 24)
- Am I unable, at certain times, to bring into consciousness with sufficient force the memory of the suffering and humiliation of even a week or a month ago? (pg. 24)
- Do I have the idea that somehow, someday I will control and enjoy my drinking? Is this idea an obsession of mine? (pg. 30)
- When I honestly wanted to, did I find I could not quit entirely? (pg. 44)



TRADITION 1

"Our common welfare should come first; personal recovery depends upon A.A. unity."

This tradition reminds us that unity matters, because none of us gets sober alone.

Practicing Tradition One...

KEEP OUTSIDE ISSUES OUTSIDE

When we disagree, focus on recovery rather than outside topics (politics, religion, personal disputes). This will help to maintain the group's primary purpose.

TAKE A SERVICE COMMITMENT

Making coffee, greeting at the door, helping clean up after the meeting are all simple actions that keep the group functioning. This service anchors us to the fellowship that keeps us sober.

WELCOME THE NEWCOMER

If you're a regular, approach someone new, introduce them to the hall and the members of the group, and offer your phone number. This helps create unity and connection. Someone once did this for us, and it helped us stay.

CONCEPT 1

"The final responsibility and the ultimate authority for AA world services should always reside in the collective conscience of the Fellowship."

A.A.'s authority flows from the shared conscience of our groups, not from an individual or committee. How can this concept be used in our group/area?

- Attend your district and area assemblies so your voice can be heard on matters in AA.
- If confusion arises in a business meeting, call for group conscience on the matter.
- Practice acceptance if group conscience does not agree with your opinion.
- Remember that service position are roles, not positions of power. No one holds authority.

the TOOLBOX

New Year, New Morning Routines



Gratitude List

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.
- 11.
- 12.



NIGHTLY REVIEW Page 86

“When we retire at night, we constructively review our day.

- Were we resentful, selfish, dishonest or afraid?
- Do we owe an apology?
- Have we kept something to ourselves which should be discussed with another person at once?
- Were we kind and loving toward all?
- What could we have done better?
- Were we thinking of ourselves most of the time?
- Or were we thinking of what we could do for others, of what we could pack into the stream of life?
- what corrective measures should be taken.”

But we must be careful not to drift into worry, remorse or morbid reflection, for that would diminish our usefulness to others. After making our review we ask God's forgiveness and inquire...

Big Book – p. 86

Pray.

“We shouldn't be shy on this matter of prayer.”

Big Book – pg. 85

Pray. Again.

“I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows.”

Big Book – pg. 76

EVENTS around the Granite State

New Year's Events

District 7 presents

New Year's Eve HOLIDAY Alcathon 2025

6:00-10:00pm

Monadnock Community Hospital
Conference Rooms 1&2
There will be a different meeting each hour.

We look forward to seeing you there...



New Year's Eve Alcathon

Hosted by District 10
Starts 6 PM on 12/31/2025
Ends at Noon on 1/1/2026

LIVE : Triumphant Cross Lutheran Church
171 Zion Hill Rd. Salem, NH

Meetings Hourly
Book Raffles

All are Welcome

Fellowship

Food donations – Are welcome and appreciated

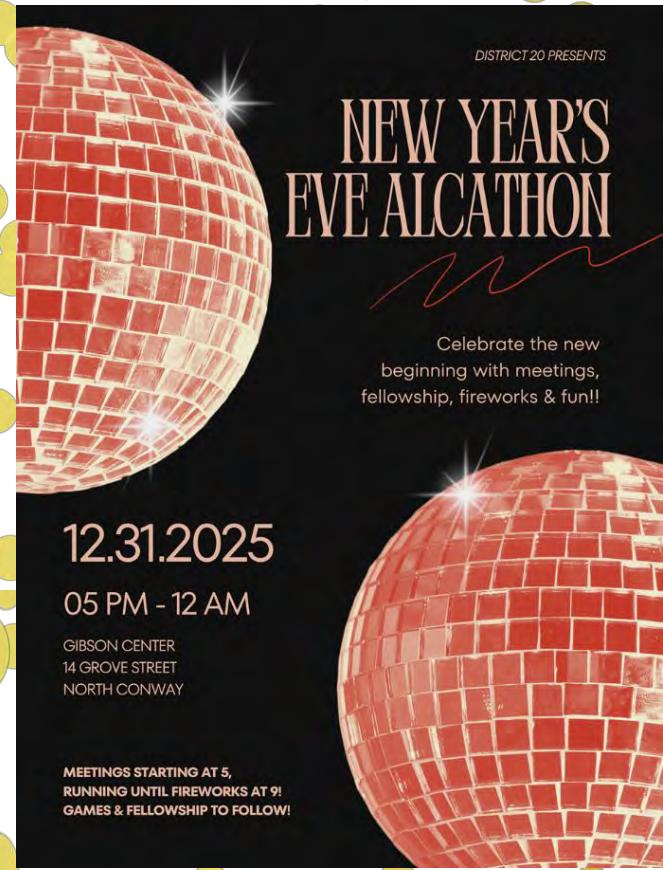
Contact: Eric D – 978 360-4188

Beverages Provided
Soda, Coffee and Water

Free Admission

Fellowship

EVENTS around the Granite State



New Years's Alcathon AA District 15 Traingle Club, 120 Broadway, Dover NH	
Wednesday 12.31.25	
9:00 pm - 9:45 pm	Newmarket Men's
10:00 pm - 10:45 pm	Living in the Moment
11:00 pm - 11:45 pm	Nottingham Original
Thursday 1.1.26	
6:00 am - 6:45 am	Wednesday After Work
7:00 am - 7:45 am	Super Sober Sunrise
8:00 am - 8:45 am	Saturday Eye Opener
9:00 am - 9:45 am	WINOS
10:00 am - 10:45 am	Owner's Manual Big Book
11:00 am - 11:45 am	Lee 12 & 12
12:00 pm - 12:45 pm	Resurrection Group
1:00 pm - 1:45 pm	Lasagna Bake Off: All are welcomed
2:00 pm - 2:45 pm	Dover Original
3:00 pm - 3:45 pm	Step into the Weekend
4:00 pm - 4:45 pm	Monday Morning Big Book
5:00 pm - 5:45 pm	Monday Just for Today
6:00 pm - 6:45 pm	Milton Men's
7:00 pm - 7:45 pm	KISS Group

EVENTS around the Granite State

NECYPAA XXXV PRE-CON EVENT

Tubing at McIntyre Ski Area
50 CHALET WAY, MANCHESTER, NH 03104

We're going tubing! Come join NECYPAA XXXV Host before the conference starts, and make sure to book your room at necypaa35.org/hotel by December 10th to get the discounted rate!

January 8th
6pm-8pm

GET YOUR
TICKET HERE



SHOP.MCINTYRESKIAREA.COM



Crazy in AA

23rd Anniversary celebration



Jan
29

6pm - Potluck
7 - 8:30pm Meeting

CenterPoint Church
20 N. State St. Concord NH



Get Your Flyer Seen!

There are several easy ways to share your event and boost attendance:

- Post it on the Area 43 website: www.nhaa.net/events
- Reach out to your District's Website Chair to have it added to their site
- Email your flyer directly to: pipeline@nhaa.net

For maximum exposure, send your
flyer to all three!

EVENTS beyond the Granite State

Vermont

DISTRICTS TWO & ELEVEN PRESENT
THE ROAD TO RECOVERY

NEW YEAR'S ALCOTHON

UU Church - 152 Pearl St - Burlington
rear entrance

WE NEED YOU
MEETING CHAIRS
SNACKS & DESSERTS
VOLUNTEERS TO
SET UP & TAKE DOWN



Meetings Every Hour on the Hour

NEW YEAR'S EVE
First Meeting 5:00 pm
Last Meeting 1:00 am

Recovery Route
2026

NEW YEAR'S DAY
First Meeting 7:00 am
Last Meeting 1:30 pm

Contact: Events@BurlingtonAA.org

Massachusetts

NECYPAA XXXV PRESENTS

2025 NYE PARTY

SUGGESTED CONTRIBUTION \$20 | 8:30PM-12:30AM | 31ST DEC, 2025 | DRESS CODE FORMAL

FIRST CHURCH OF CHRIST
10 CHURCH ST, BRADFORD, MA 01835

Vermont

Annual New Year's Eve / New Year's Day

ALCATHON AA

HOSTED BY DISTRICT 5 AA
TURNING POINT 200 OLcott DRIVE WILDER VT

12/31/25 - 01/01/26

5:00 pm New Year's Eve - 5:30 pm New Year's Day

ALL ARE WELCOME -- OPEN TO ALL
MEETINGS -- FELLOWSHIP -- POTLUCKS

OUR PRIMARY PURPOSE IS TO STAY SOBER
AND HELP OTHER ALCOHOLICS ACHIEVE SOBRIETY

Massachusetts

Join us for AA's Area 30 - District 8 Holiday Alcathons at Quincy United Methodist Church, 40 Beale St., Quincy, MA!

December 2025

Stepping Out	12/24 @ 6PM
Quincy Men's	7PM
Quincy Men's	8PM
South Shore Group	9PM
Women of Hope	10PM
Sunday Serenity	11PM
Miracles Still Happen	12/25 @ 12AM
Quincy Recovery	1AM
Everybody's Group	2AM
Weymouth Saturday Morning	3AM
Braintree Young People	4AM
Quincy Faxon	5AM
East Milton Group	6AM
Good Shepherd	7AM
373	8AM
Fort Square	9AM
Quincy Monday Night	10AM
Milton Farm Group	11AM
Rule 62	12PM
Milton Highlanders	1PM
Walk the Talk	2PM
Braintree Eye Opener	3PM
Fresh Start	4PM
Snug Harbor	5PM

January 2026

Everybody's Group	12/31 @ 6PM
Good Shepherd	7PM
Women of Hope	8PM
Quincy Recovery	9PM
No Matter What	10PM
Stepping Out	11PM
373	Jan 1 st @ 12AM
Quincy Faxon	1AM
Quincy Monday Night	2AM
Sunday Serenity	3AM
Fresh Start	4AM
Walk The Talk	5AM
Weymouth Saturday Morning	6AM
South Shore Group	7AM
Fort Square	8AM
East Milton Group	9AM
Snug Harbor	10AM
Milton Highlanders	11AM
You Get What You Give	12PM
Milton Farm Group	1PM
Braintree Young People	2PM
Quincy Men's	3PM
Braintree Eye Opener	4PM
Rule 62	5PM

For complete information, please visit our website:

www.aadistrict8ma.org/Alcathon

View on Zoom -Meeting ID: 845 1137 6977 Passcode: District8

Groups are reminded to bring 1 pound of coffee, 1 case of water, and a Big Book for the raffle. They should also have 2 representatives at the church, 1 full hour before their scheduled session, to assist. Food donations are always welcome.

AA HISTORY in January

JANUARY 25, 1915 – Dr. Bob married his wife, Anne Ripley. They were married for 34 years until her passing.



Anne Smith wearing her wedding dress.

JANUARY 24, 1918 – Bill Wilson married his wife, Lois. They were married for 53 years until Bill's passing.

JANUARY 24, 1971 – Bill Wilson, co-founder of AA, passed away in Florida from pneumonia.

JANUARY 1, 1984 – The book “Pass It On” was published.

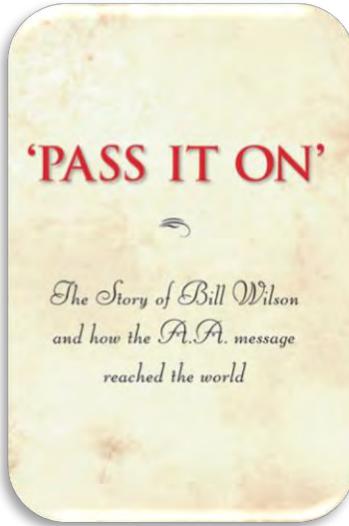
JANUARY 1960 – Guatemala's first known A.A. group begins meeting in January 1960, through the efforts of Miguel Angel R. and Paulino G.



Bill Wilson and his wife, Lois on their wedding day.



“Pass It On” Bill’s Story of how A.A. reached the world.



BOX 459, AA's quarterly newspaper, gives memoriam to Bill's memory.



Guatemalan Flag

Done Delegating, still serving...

The last two years have flown by. The opportunity to interact with the A.A. fellowship around North America and be around the world was amazing. I always knew that Justin would be there as Alternate Delegate to jump in should the need arise, and he certainly stepped up to the plate last summer in Vancouver when he spoke at the International Convention! The International Convention in Vancouver exploded into the most mind-blowing experience of a lifetime, for which I cannot thank Area 43 enough for supporting my attendance to go and fully participate.

The preparation for each General Service Conference was a journey that showed me as an area, we have more to reach out to all groups to fully inform them to ensure that our entire area has an opportunity to have a voice in matters that will be discussed in our area to carry to the General Service Conference. I hope each of you will reach out if you are able to do service in positions not yet filled, or on committees that could benefit from your participation.

What are my plans now? I will be at NECYPAA 2026, helping our past NERT, Francis with a workshop and Josee with a literature table. I am currently on the NERAASA 2026 committee and will see a lot of Area 43 members in Portland Maine. It should be a great service assembly. A past delegate is willing to help when asked, it's a thing, as so many of our Area 43 past delegates have demonstrated. Check out our current A.A. Service Manual, pg. 29. I want to thank every one of you for the privilege of serving on Panel 74. You have filled me with enormous gratitude.



Yours In Service,

Sue W.

Panel 74

LAST CALL *Important Reminders...*

TO ALL THE PANEL 74 OFFICERS, COMMITTEE MEMBERS, STANDING MEMBERS, DISTRICTS THAT HOSTING QUARTERLY ASSEMBLIES, ALCOHOLICS WHO STEPPED INTO A POSITION, ALCOHOLICS WHO SAT IN THE BACK OF A MEETING AND EXPLAINED SERVICE TO A NEWCOMER, ALCOHOLICS WHO DEMONSTRATED SERVICE TO A NEWCOMER, THOSE WHO PUT OUT FOOD, LITERATURE, SET-UP, BROKE-DOWN EQUIPMENT; AND EVERY ALCOHOLIC WHO MADE THEMSELVES AVAILABLE TO SERVE... YOUR DEDICATION AND SERVICE HELPED CARRY THE MESSAGE FORWARD, AND WITH THAT, WE SAY...

Thank you



*Share your story and
be featured in the
Pipeline!*

E-mail pipeline@nhaa.net

MEETING UPDATES

Dry Dock Meeting (Portsmouth) – Change in time; 7-8pm.

Women's Way (Newport) – Needs support, Sat 10:00am at Millie's Place.

Sat Morning Step (Bradford) – Needs support, Sat 8:30–9:30am at Bradford Community Church.

ONE SIZE FITS ALL Group (Hampton) – Needs support, Mon. 3pm.

YETS Group (Newport) – Needs support, Thu 6:30pm at South Congregational Church.



2 1/2 Beacon Street,
Suite 163,
Concord, NH
Visit us in person
or order online and
pick up in store.

Service Office **HOLIDAY HOURS**

Christmas Eve	Closed
Christmas	Closed
New Years Eve	12 pm - 6 pm
New Years Day	Closed

NHAA HELPLINE

(800) 593-3330

Need Help with a Drinking Problem?

If you or someone you know wants to stop drinking but can't, you're not alone.

We're here to help—
24 hours a day.

Call our helpline anytime:

(800) 593-3330

There is a solution.
Recovery is possible—
one day at a time.