



## PIPELINE





A Publication of NH Area 43 Assembly

March 2017

### ATTENTION ALL AA MEMBERS! NEXT ASSEMBLY!

NH Area 43 Pre-Conference Assembly\*
March 25, 2017

Hosted by District 11, Laconia, NH 8:00 am – 4:00 pm

The meeting will be held in the church basement.

The entrance is between the parish hall and the church.

There is a pedestrian bridge between those two buildings, and the entrance is beneath that span.

#### **DIRECTIONS:**

http://www.laconiaucc.org/directions.asp

#### What is the Pre-Conference Assembly?

The March Area Pre-Conference Assembly is intended to prepare the Delegate for the April General Service Conference. This Assembly is open to all NH AA members. The purpose of the Pre-Conference Assembly is to discuss key GSC agenda items and to make recommendations to the Delegate. Members will be divided into subcommittees for the purpose of discussing the agenda items. The Delegate will review the Conference Final Agenda and identify the agenda items of most significance to the fellowship. This material should be available at the Assembly and every effort made to get that material to the subcommittee facilitator prior to the Assembly.

#### TRADITION THREE

"The only requirement for A.A. membership is a desire to stop drinking."



Нарру



**Joyous** 



& Free

#### TODAY I WANT TO LIVE!

Today I want to live. At the end of my drinking I didn't want to live. I was a mess, I rarely interacted with friends or family, I was drinking a lot at home, I had started to drink at work, and I was seeing doctors because I was shaking. I had dry scaly patches on my skin. I had been lying about my drinking habits when it was mentioned. I was immersed in guilt, shame, hopelessness and the disease of alcoholism.

I came downstairs after one day from my bedroom, and got a bottle out of where I had hidden it. I was pouring that drink and I said while holding that bottle in my hand and crying. "God can you help me?" I think now some part of me was reaching out for help to the only thing I believe was listening. I think my higher power was just waiting on me to invite it in. I was able to stop drinking over time on my own, and within a month I was 'dry'. I wasn't attending meetings yet.

I later heard at AA meetings that other people had felt 'uncomfortable in their skin.' That was me. That is what took me to my first real meeting of AA. I knew on this particular day that I was going to drink if I didn't do something. I went to an AA meeting and pretended I was NOT a newcomer, but I think they knew as my voice trembled all the way through the reflection on what we had read from the 12 & 12. I felt such warmth flooding towards me after I ended speaking and the message of 'keep coming' from the AA members around the table. I stayed around the meeting hall for another 2 hours until the next meeting would start. I didn't feel safe enough to go home and be alone.

At my next meeting, I had a woman walk up to me and say "Honey, what are you doing here?" I said "If I go home I'll drink." She said "oh honey; let me get you a Big Book." Which she did, she gave me her number and she said to call her. I gave her my number. I am so grateful that woman reached out to me, I still see her do 12th step service work with newcomers. She helped to save my life.

I heard early on at meetings, "Join a group, get active in that group, get a sponsor, get a Big Book, do the steps with a sponsor, go to meetings". I did and still do these things and my life has gotten better. I did a good amount of what AA members suggested and I haven't had a drink in 2 years and 7 months. My relationships with my family and friends are repaired now. I'm a responsible person now and most importantly, I don't want to die; I want to live. I want to see what my future holds because life is pretty decent. I use the Acceptance Prayer to help me in my day-to-day life as well as the Serenity prayer and the 11th step prayer. The slogans especially, "Easy does it" and "One day at a time" helped me a lot in early sobriety and still are my favorite reminders on how to live sober.

If someone would have told me a few years ago, that I'd experience the promises of a new happiness and a new freedom in my life now, I would have thought they were full of it. The whole 'you will not regret the past, nor wish to shut the door on it' I thought wasn't for me when I first heard it. It was probably meant for everyone else; today I know that it was totally meant for me, an alcoholic that finally has moments of peace, joy and serenity in her life. Pretty good stuff.

Thanks AA Anonymous

#### **KEEP COMING!**

**T**f pressed to remember, I might say that the first year of recovery was one of the most self-indulgent ever (which would obviously be a lie as nothing could be more self indulgent than drinking daily). The changes outside of and including abstinence were major and surprising. So much energy was spent worrying about everything in and around me that I truly can't remember any other mental state than being overly anxious and a bit stunned—though I began to appreciate and glimpse that there was a more peaceful alternative to strive for. It became something I wanted to work towards.

That I can indulge in these reflections about the past and simultaneously worry about future says more about where I'm not instead of where I am on my path to sobriety, but an increasing reliance and trust in my HP helps me rest more comfortably in the present; as does having a template of where I want to get to and what I want to be in the examples of alert faces, calm body language and inspirational voices all around me at meetings.

Though my subconscious probably understood this long before my mind, I'll keep coming. Leep Goming!

Tracy H.

#### Area 43 2015-2016 Officers & Committee Chairs:

#### **Officers**

Pete V. Chairperson • Gary C. Alt-Chairperson • B. S. Secretary • Joe S. Treasurer • Dale R. Delegate • Jim M. Alt-Delegate • Benny, Registrar.

#### **Committee Chairs**

Kevin S. Archives • Artie D. Corrections • Jeff S. Finance • Mary B. Functions • Sue W. Grapevine & Literature • Brittanie G. Hotline • Julia M. PI/CPC • Janet T. *Pipeline* • Bill P. *Service Office* • Jim O. *Treatment*.

These chairs are here to help the individual district chairs and all AAs. For other open chairs, please email Pete at chairperson@nhaa.net if you are interested. Also, please consider volunteering on a committee and getting to know your chairs. They can all be reached at their NHAA service office email addresses which are posted on the website.

#### PIPELINE

A publication of the NH Area 43 Assembly of Alcoholics Anonymous

Email the Pipeline at pipeline@nhaa.net

Statement of Purpose: The New Hampshire Area Pipeline *will be the voice* of Alcoholics Anonymous within Area 43. Its editors and staff will be primarily accountable to New Hampshire AA Area 43 as a whole. Within the bounds of friendliness and good taste, the Pipeline will enjoy perfect freedom of speech on all matters directly pertaining to Alcoholics Anonymous within Area 43. Like the AA movement it mirrors. the primary purpose of the New Hampshire Pipeline will be to try to carry the AA message to alcoholics and practice the AA principles in all its affairs.

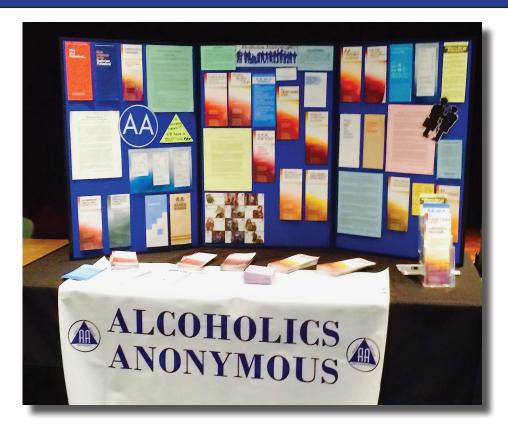
NH Area Assembly Service Office 1330 Hooksett Road Hooksett, NH 03106 Phone: 603.622.6967

Fax: 603.624.9507

Email: office@nhaa.net Website: www.nhaa.net

Office Hours: Mon-Fri: 10am—4pm Sat: 10am—2pm

#### WHAT'S HAPPENING THIS MONTH IN PI/CPC LAND?



My first Public information event turned out very well as I got to speak with a few non- alcoholic mothers, brothers and sisters who had suffering family members. I also was able to communicate from the CPC side with a few professionals most notably the local police who also had a booth at the health fair. I received at least three comments that were all similar but boiled down to THANK YOU FOR BEING HERE and helping so many of their friends and acquaintances over the years. Gratefulness and feeling blessed are the two emotions that filled my heart through this 3-hour health fair that had approximately 20 booths made up of health care industry, nutrition sector, physical rehab center, Rite Aid, and many more.

— Kevin R. District 10

One of the Co-founders of Alcoholics Anonymous, Bill W. once said back in 1960, "Our channels of contact have always been charged with the language of the heart." –Bill W., Grapevine, June 1960.

I believe that any event that PI/CPC is part of, to carry the message of Alcoholics Anonymous, there exists, undoubtedly, "the language of the heart" that so deeply connects every professional to problem drinkers who come from all different walks of life. –Jules

If you have any questions or would like to get involved in our Committee, please contact the Area PI/CPC Committee Chair, Jules M. at (617) 869-0509 or email picpc@nhaa.net.

Come to the monthly AREA 43 PI/CPC meeting at the Service Office, from 6–7 p.m. on the second Wednesday of every month.

## Have you registered for the 2017 NH Area 43 Convention?

April 7th - 9th, 2017 • North Conway Grand Hotel: REGISTER TODAY!

http://nhaa.net/event/area-43-2017-convention/



#### **PRICE CHANGES:**

The cost of the state Area Meeting Booklet is now 50¢ each.

The cost of the Newcomer Packets are now \$1.50 (includes two new pamphlets)

NHAA SERVICE OFFICE • 1330 Hooksett Rd., Hooksett, NH Phone: 603-622-6967 • Email: office@nhaa.net



NH Area Hotline 1-800-593-3300

email: hotline@nhaa.net to volunteer to take calls in your area! See the monthly calendars for March, 2017 & April, 2017 at nhaa.net THE SERVICE
OFFICE AND
FINANCE
COMMITTEES
WILL MEET AT THE
SERVICE OFFICE
TUESDAY, MARCH
21ST AT 6:30 PM.

### Get Your Events Listed on the Area Website!

If you're planning a Group, District, or Area event and would like to spread the word, you can submit your event information online at www.nhaa.net/submit-event

## Get Your Group on the NH Area Website Meeting List!

If you are starting a new group or need to make changes to the information of an existing meeting, you can do this easily by submitting the information online:

- New Group Form: http://www.nhaa.net/new-group
- Group Change Form: http://www.nhaa.net/group-change

Please contact our Webmaster if you need any help at webmaster@nhaa.net



## NH AREA 43 CHALLENGE

Number of Members

1,348,072

**GSO Services Cost** 

\$9,629,499

\$7.14

Per member per year

Perhaps organize a special group contribution. Please bring this message back to your group. The cost for GSO is \$7.14/per member per year.

Groups and individuals can send contributions to GSO online at aa.org; or mail to GSO, Box 459, Grand Central Station, New York, NY 10163

\$7.14 is a spiritual way to shake the hand of the incoming alcoholic locally and worldwide.

# March 2017

2017 NHSCYPAA XVIII The Margate Resourt, 76 Lake Street, Laconia, NH; http://nhscypaa.com/info.html	3 ] 2017 NHSCYPAA XVIII The Margate Resourt, 76 Lake Street, Laconia, NH; http://nhscypaa.com/info.html	HARDHAT GROUP 34th Anniversary, 7:15-9:00pm District 12, Faith Bridge Church, Manchester, NH	29	28 DISTRICT 11 Comm. Mtg. 7 p.m., New Hampton Comm. Church, Main St., Rte.132, New Hampton	27	DISTRICT 12 Manchester Young People 7th Anniversary, 7-8:30pm, 281 Cartier St., Manchester, NH, St. Maries Bookstore, Holy Family School
Area 43 Pre- Conference Assembly 8am-4pm; Laconia Congregational Church 69 Pleasant Street	24	23	22	District 11 Committee Meeting, 7 p.m., New Hampton Community Church, Main Street, Rte. 132, New Hampton Area SOC & Finance Com. 6:30pm, Area Office	District 18 Committee Meeting, 6:15 p.m., Assumption Hall, Newport	19
18	17	District 10 Committee Meeting, 7 p.m., St. David's Episcopal Church, Main Street, Salem	District 13 Committee Meeting, 7 p.m., Merrimack YMCA, 6 Henry Clay Road, Merrimack	14	District 14 Committee Meeting, 7 p.m., St. Raphaels Church, 6 Whipple Rd, Kittery, ME	DISTRICT 12 Committee Meeting, 6 p.m., St. Raphael Hall, Ferry St., Manchester
District 13 Spring Into Sobriety. AA Roundup 9am–3pm. Email: functions@nhaa13.net for more info.	10	District 16 Committee Meeting, 7 p.m., All Saints Episcopal Church, 258 S Main St, Wolfeboro	District 8 Committee Meeting, 6:30 p.m., Wesley Methodist Church, 79 Clinton St., Concord District 17 Committee Meeting, 7-8:30 p.m., Baptist Church, Whitefield AREA 43 PI/CPC monthly mtg., Area Office, 6-7pm	7	District 9 Committee Meeting, 7 p.m., Marion Gerrish Community Center, West Broadway, Derry District 21 Committee Meeting, 6:30 p.m., Alice Peck Day Hospital, 125 Mascoma St., Lebanon	Cī
4	ω	District 7 Committee Meeting, 7 p.m., Monad- nock Community Hospital, Room 5, Peterborough District 15 Committee Meeting, 7 p.m., Cong. Church, Rte. 9, Barrington	District 19 Committee Meeting, 6:00 p.m., Keene Serenity Center, 36 Carpenter St., Keene Area 43 Function Committee Meeting, 6:30 p.m., Hooksett Office			
Saturday	Friday	Thursday	Wednesday	Tuesday	Monday	Sunday

## **April 2017**

Area Committee Mtg. 1pm–4pm, Hooksett Area Office	16	AREA 43 CONVENTION North Conway Grand Hotel  District 12 Committee Meeting, 6 p.m., St. Raphael Hall, Ferry St., Manchester	2	Sunday	
24	District 18 Committee Meeting, 6:15 p.m., Assumption Hall, Newport	District 14 Committee Meeting, 7 p.m., St. Raphaels Church, 6 Whipple Rd, Kittery, ME	District 19 Committee Meeting, 7 p.m., Marion Gerrish Community Center, West Broadway, Derry DISTRICT 21 Committee Meeting, 6:30 p.m., Alice Peck Day Hospital, 125 Mascoma St., Lebanon	Monday	Nosas
District 11 Committee Meeting, 7 p.m., New Hampton Community Church, Main Street, Rte. 132, New Hampton	District 11 Committee Meeting, 7 p.m., New Hampton Community Church, Main Street, Rte. 132, New Hampton Area SOC & Finance Committee, 6:30pm, Area Office	District 20 Committee Meeting, 6:30 p.m., Lutheran Church Annex, 17 Grove Street, North Conway	4	Tuesday	Tupoday
26	District 13 Committee Meeting, 7 p.m., Merrimack YMCA, 6 Henry Clay Road, Merrimack	District 8 Committee Meeting, 6:30 p.m., Wesley Methodist Church, 79 Clinton St., Concord District 17 Committee Meeting, 7-8:30 p.m., Baptist Church, Whitefield AREA 43 PICPC monthly mtg., Area Office, 6-7pm	District 19 Committee Meeting, 6:00 p.m., Keene Serenity Center, 36 Carpenter St., Keene Area 43 Function Committee Meeting, 6:30 p.m., Hooksett Office	Wednesday	Wodsosday
27	District 10 Committee Meeting, 7 p.m., St. David's Episcopal Church, Main Street, Salem	District 16 Committee Meeting, 7 p.m., All Saints Episcopal Church, 258 S Main St, Wolfeboro	District 7 Committee Meeting, 7 p.m., Monadnock Community Hospital, Room 5, Peterborough DISTRICT 15 Committee Meeting, 7 p.m., Congreg Church, Rte. 9, Barrington	Thursday	Thursday
28	21	14	Concord Women's BB 1st Anniv 6-8:30  AREA 43 CONVENTION North Conway Grand Hotel	Friday	
29	22	15	8 AREA 43 CONVENTION North Conway Grand Hotel	Heart of the Heights 23rd Anniv. Mtg. 6-8:30pm Sat. Night Orig. Plymouth hosting spaghetti dinner. 6:30pm	Catholica