

NHAA PIPELINE

A Publication of the NH Area 43 Assembly of Alcoholics Anonymous

June 2015



"I no longer need to drink to take away this pain, because I have all of you to walk this journey with me."

Upcoming Events for Area 43 in 2015 ...

- **Plymouth Saturday Night Originals Group Spaghetti Supper**, Saturday, June 6, 6:30-9:30 p.m. Plymouth Congregational Church, 4 Post Office Square, Plymouth, NH.
- **District 12 Wilson House Bus Trip**. June 7, 7:30 a.m.-7:30 p.m. Wilson House, 378 Village Street, E. Dorset, VT. More info at <http://www.nhaa.net>.
- **A.A.'s 14th International Convention and 80th birthday**, July 2-5, 2015 in Atlanta, GA. Go to the GSO website aa.org for all of the information.
- See other flyers on pages 3 and 4!

Share the Pain To Cut it in Half

"Made a searching and fearless moral inventory of ourselves."

When I came into the program I was an empty shell. I was physically, emotionally, and spiritually drained. If you had asked me when I came into the program why this was, I could have listed off a thousand reasons, none of them having to do with any fault on my part. My problems were all the cause of other people. The gift that the fourth step has given me is the ability to look at myself, and to treat that self with care and love, alongside the pain and suffering that my self has caused others. The growth and spiritual connection I felt working through my fourth step came to a halt when I came across a resentment I had written very early in sobriety when I was beginning my journey.

"My father may have molested me."

Looking at my resentment stopped me in my tracks. The heart pounding, sweaty palm, nauseous fear set in and I felt paralyzed. My program has taught me to recognize this fear and find a solution, some way to work through it. But how?

It is difficult enough to find your part in a resentment this large, but what about when you are not sure if it happened? With the help of AA, outside help, and my sponsor, I am slowly trying to navigate the road of my journey with this looming resentment present. As an alcoholic I want answers and I want them now, but that

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Share the Pain (continued from page 1)

is not what my Higher Power has in store for me. At least not today. This resentment has caused me anguish; in active addiction it drove me further and further into oblivion, and in sobriety I am left to sit with my feelings, a sometimes seemingly unbearable task.

A wise person once said, "If you share your pain you cut it in half, if you don't you double it." The program of Alcoholics Anonymous has given me the opportunity to cut my pain in half, and then that pain in half, and in half again. The more I share this pain with others, the more support I receive, the less daunting this pain feels.

I no longer need to drink to take away this pain, because I have all of you to walk this journey with me.

- Anonymous, Area 43

Help Wanted at the NHAA Service Office

The Service Office is looking for part-time help. This person must have great people skills, have an understanding of how the AA program works, and possess decent computer skills. Call or email the Service Office for more information. To apply, pick up an application at the Service Office or send in your resume by email. We look forward to hearing from you.

NHAA SERVICE OFFICE
1330 Hooksett Rd

Hooksett, NH 03106
Phone: 603-622-6967

Email: SOC@nhaa.net and/or office@nhaa.net

HEY! Yes, you, reading The Pipeline!

To make sure everyone knows what's going on in your district, please go to the link below to submit your district or group's event:

<http://www.nhaa.net/districts/submit-a-district-or-group-event/>

Your group or district's event will then appear on the NHAA website at

<http://www.nhaa.net>, and everyone will be able to see it. Thank you.

We at *The Pipeline* are not sure why this flyer is repeated twice. We can only assume the event will be double the fun, and thus choose to repeat it, as sent, accordingly. See below!! :)

In recovery, the fun has just begun ... so let your talent shine!
Districts 14 warmly invites you to attend the ...

Second Annual Seacoast Talent Show

Saturday, 6 June 2015 – 7 PM to 11 PM

CALLING ALL SINGERS, MUSICIANS, COMEDIANS, POETS,
MAGICIANS, RAPPERS, DANCERS OR OTHER PERFORMERS FOR AN
EXTRAORDINARY NIGHT OF FUN AND EXCITEMENT!!

PRIZES TO ALL
CONTESTANTS



LIVE BAND
ACCOMPANIMENT

Refreshments & coffee provided. Please bring your favorite appetizer or dessert.

Headliner at 9:00 PM:

The Highland Quartet!!

An Alcohol Free Event at the Kittery Lion's Club, 117 State Road, Kittery, Maine

No Cover/7th Tradition Observed – Come to Participate or Just Enjoy – Bring A Friend!

Speaker/Discussion Meeting from 6:00 PM to 7:00 PM

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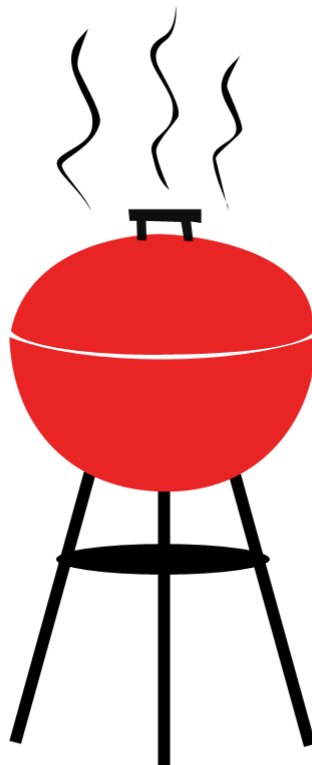


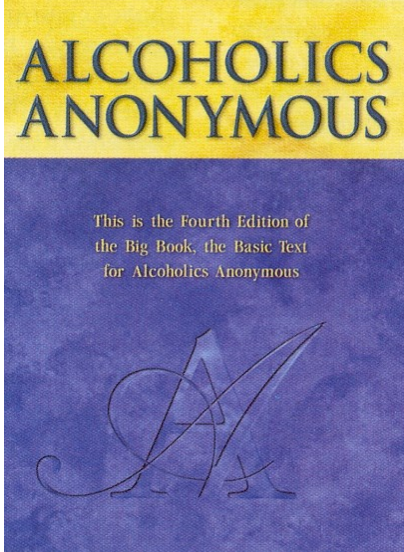
District 10 Presents: Rock 'n' BBQ SoberFest 2015.

Saturday, June 27th; rain date is Sunday, June 28.

Live music featuring Robbie Barton Band of nePHews; other TBA. Ends with speaker meeting. Fun and Games—volleyball and bean bag toss. Huge jungle gym playground. Grills on site and plates, napkins, cups, plasticware, water, iced tea, punch, lemonade, coffee and tea will be provided. Volunteers needed for setup, cleanup, refreshments and games. Bring your own food, coolers, blankets and chairs. Suggested donation \$10; Children under 12 free!!

Location: Field of Dreams, 48 Geremonty Drive, Salem, NH—across from courthouse. For more information contact Dan R. at 603-809-5660 or Greg B. at 603-893-3091.





Email the Pipeline at
pipeline@nhaa.net

Statement of Purpose

The New Hampshire Area Pipeline will be the voice of Alcoholics Anonymous within Area 43. Its editors and staff will be primarily accountable to New Hampshire AA Area 43 as a whole. Within the bounds of friendliness and good taste, the Pipeline will enjoy perfect freedom of speech on all matters directly pertaining to Alcoholics Anonymous within Area 43. Like the AA movement it mirrors, the primary purpose of the New Hampshire Pipeline will be to try to carry the AA message to alcoholics and practice the AA principles in all its affairs.

NH Area Hotline:

1-800-593-3300

NH Area Assembly Service Office

1330 Hooksett Road

Hooksett, NH 03106

Phone: 603.622.6967

Fax: 603.624.9507

Email: office@nhaa.net

Website: www.nhaa.net

Office Hours:

Mon-Fri: 10am—4pm

Sat: 10am—2pm

Group Changes, Updates and Disbandings

Portsmouth's Tuesday Night Young People's Group meets at St. John's Church, 101 Chapel Street, from 7-8 p.m. The end time has changed.

Kittery's Monday night Into Action Men's Group is at the Kittery Lions Club, 17 State Road, from 7-8 p.m. The time changed from 5:30 p.m.

Littleton's Thursday Step Group meets from 8-9 p.m. at the Parish House, 18 Pleasant Street. It moved from the Methodist Church.

Dover's Tuesday Night We Care Group, which met at the Triangle Club at 120 Broadway from 7-8 p.m., has disbanded.

Milford's New Horizons Group, which met Mondays from 8-9:15 p.m. at the Congregational Church at 10 Union Street, has disbanded.

Manchester's Liberty House Vet Home Group, which met on Thursdays from 7-8 p.m. at the Liberty House, 75 W Baker Street, has disbanded.

