

NHAA PIPELINE

A Publication of the NH Area 43 Assembly of Alcoholics Anonymous

July 2015

Fun in Recovery: Different for All

My idea of what's a good time in recovery is probably not the same as your idea of what's a good time in recovery.

"If you're going to write an article about 'fun in recovery, you have to use the phrase 'we are not a glum lot' at some point," said my friend, who gave me this topic. He's right. It's true: we are not a glum lot. That said, I'm a quiet person. I always have been. I'm very introverted. The spiritual conversion method of recovery through the Twelve Steps appeals to me most because I go on an individual and spiritual journey to get close to my own personal God. For this reason, I was never a meeting maker. I balanced all three sides of the triangle, sure — but to this day, my idea of a good time in recovery is quiet prayer, meditation, writing inventory, savoring moments with individual friends one on one. I don't think I ever closed down a bar in all my years 'out there' — I was very solitary in my addiction, from beginning to bitter end — and I relish the solitude of my spiritual journey. That said, I am careful to balance that with honesty and avoidance of isolation. I pursue public paths — yoga classes, group meditation, small groups of friends, etc. — to be sure I'm not taking Step 11 too far on my own self-will.



Most other people's idea of fun includes barbeques and parties and coffeehouses and meetings and Young People's fellowships and generally being boisterous and grateful and sometimes I am envious of those folks. Extroverts may or may not have an easier time in recovery. Extroverts can go to meetings and events and re-socialize themselves in a way I was never comfortable with: I always preferred hard-core stepwork. It took me a long time to accept that that was all right as long as I challenged myself to grow in recovery. It also took me some time to see that those folks who seemed so confident in social settings were sometimes putting on an act that worked for them in the Great Out There, a show of self and entertainment that I'm not sure always works on a spiritual level. But like everything, it's a balance. There are true spiritual extroverts, the ones that are genial and grateful and doing the work and friendly with everyone and just those all-around, amazing people. They are the ones I stare at, the ones I admire. I don't have that gene. I wish I did.

Common thread — we are all alcoholics in search of, in need of, a spiritual solution. And we seek that solution via any means that feels comfortable to us, any way that we can, based on who we are. It's a balance of direction and experience and insight into our own true character and nature. And it all works. It's just a matter of being willing to pursue.

—Anonymous, Area 43

HIGHLIGHTS: UPCOMING SUMMER EVENTS!!! PULLED FROM THE CALENDAR FOR EXTRA VIEWING.

Plaistow's Friday Live Group Anniversary. Friday, July 10, 6 p.m. Food and beverage first; regular meeting at 8 p.m. Plaistow, NH. First Baptist Church, 122 Main Street.

District 8 Presents: Coffee House and Live Music. Saturday, July 11, 6-10 p.m. Oasis Church, 47 Chenell Drive, Concord. Spaghetti Dinner, Potluck, \$5 cover.

District 14 SUMMER SIZZLER! Sunday, July 19, 10 a.m. to 5 p.m. Four Tree Island (off of Peirce Island, Portsmouth, NH). BBQ grill and buffet, veggie choices too; refreshments, beverages, coffee. Please bring your favorite dish! Meetings, fellowship, and music. 11th step speaker/discussion at 11 a.m.; 4th step speaker/discussion at 4 p.m. Live music jam session (feel free to join in). Games and fun—volleyball, Frisbees and assorted summer gear. Please bring a chair and your favorite dish! 7th tradition observed.

Bow Lake Group 35th Anniversary. Friday, July 24. Pot luck supper 6:30-7:30 p.m.; guest speakers 7:30-8:30 p.m. Food donations gratefully accepted. Join us for good food, fellowship and a good message!!



Help Wanted at the NHAA Service Office

The Service Office is looking for part-time help. This person must have great people skills, have an understanding of how the AA program works, and possess decent computer skills. Call or email the Service Office for more information. To apply, pick up an application at the Service Office or send in your resume by email. We look forward to hearing from you.

NHAA SERVICE OFFICE
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Hooksett, NH 03106
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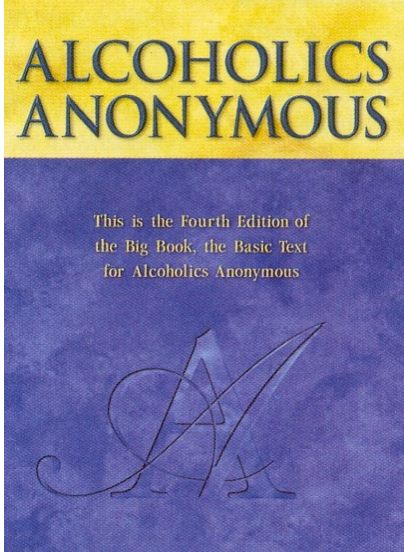


** Attention Groups and Districts **

We are in the process of updating the Area 43 Meeting List with a print date of August 1, 2015. Please send us your Group's or District's changes via the website, email, or by way of the Post Office. We all know how very important it is to have the most up-to-date information available for someone new to AA or new to the area.

Yours in Service,

Tracey and Ingrid (at the NHAA Service Office)



Email the Pipeline at
pipeline@nhaa.net

Statement of Purpose

The New Hampshire Area Pipeline will be the voice of Alcoholics Anonymous within Area 43. Its editors and staff will be primarily accountable to New Hampshire AA Area 43 as a whole. Within the bounds of friendliness and good taste, the Pipeline will enjoy perfect freedom of speech on all matters directly pertaining to Alcoholics Anonymous within Area 43. Like the AA movement it mirrors, the primary purpose of the New Hampshire Pipeline will be to try to carry the AA message to alcoholics and practice the AA principles in all its affairs.

NH Area Hotline:

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Office Hours:

Mon-Fri: 10am—4pm

Sat: 10am—2pm

Group Changes, Updates and Disbandings

Tilton's Saturday Morning Big Book Group, which meets at the Veterans Home First Floor conference room at 139 Winter Street, changed its meeting time to 11 a.m.-12 p.m.

Bedford's Tuesday Clean and Serene Big Book Meeting, which meets at Bethany Covenant Church at 1 Covenant Way, changed its meeting time from 7:30-9 p.m.

Concord's Happy Hour Big Book Group, which meets Monday, Wednesday and Friday at the South Congregational Church at 27 Pleasant Street, now runs from 5:30 p.m. to 6:30 p.m.

Franklin's Thursday BYOBB group meets from 7-8:30 p.m. at the United Methodist Church, 88 Franklin Street. It relocated from the Baptist Church at 21 Church Street.

Franklin's Saturday Primary Purpose Group meets from 7:30-8:30 p.m. at the United Methodist Church, 88 Franklin Street. It relocated from the Baptist Church at 21 Church Street.

Derry's No Frills Group, which met Saturdays from 2-3 p.m. at the Friendship Center at 6 Railroad Ave., has now disbanded.

Nashua's Sunday Recovery Group, which met at H.E.A.R.T.S. at the Pine Street Extension from 10-11:30 a.m., has disbanded.

